

Ask Courageous Questions

Six questions that build stronger marriages through humility, honesty, and love



A godly husband is called to provide, protect, lead, and love well. One of the clearest ways he does that is by making it safe for his wife to speak honestly about how she is experiencing the marriage. These questions are not meant to shame or spark arguments. They are meant to create understanding, deeper trust, and meaningful growth.

A strong husband is not afraid of honest answers. He welcomes them, learns from them, and uses them to love his wife more faithfully.

1. Do you feel loved and cherished?

A wife should not have to guess whether she is treasured. Love should be clear, consistent, and deeply felt.

2. Do you feel pursued?

Marriage should not end pursuit. A wife should still feel noticed, wanted, and intentionally pursued in heart, mind, and relationship.

3. Do you feel like I actively show you my love?

Love is more than internal intention. It should be expressed in ways that are visible, meaningful, and understood.

4. Do you feel protected?

Protection includes emotional safety, spiritual covering, relational support, and security in a husband's care.

5. Do you feel provided for?

Provision includes practical support, stability, attentiveness, and care for the needs of the marriage and home.

6. Am I doing a good job of helping you become everything God wants you to be?

A healthy marriage should help both husband and wife grow in Christ, flourish in calling, and become all God intended.

How a Husband Should Ask

- Listen to understand, not to defend.
- Do not punish honesty.
- Do not explain away her feelings.
- Receive her words as an opportunity to grow.
- Respond with humility, not irritation.

How to Use This

Set aside intentional time. Remove distractions. Pray together first. Ask one question at a time. Let the conversation be unhurried. Listen fully before responding. Write down one or two practical ways to grow, then revisit them later.

Scripture Reflection: "Be completely humble and gentle; be patient, bearing with one another in love." **Ephesians 4:2**